



## CLEVELAND COUNTY WELLNESS COMMITTEE

### MINUTES

FRIDAY, APRIL 28, 2017

9:00 a.m.

The regularly scheduled meeting of the Cleveland County Wellness Committee was called to order this 28th day of April 2017 in the conference room at 122 E. Eufaula Street by Chairman Rod Cleveland. Tammy Belinson, County Clerk/Secretary, called roll:

**Those present were:** Rod Cleveland, Tammy Belinson, Doug Warr, John Roberts, Jacob McHughes, Leann Clements, Bryant Rains, Bryan Jenkins, Alison Vinson, Brian Wint and George Mauldin.

**Those absent were:** Carrie Welles, Brenda Hill and Christina Newburg.

**Ex-officio members present:** Linda Atkins, Brittany Marshall, Jennifer Slawson, Joanna Parker and Meredith Rowland, NP.

After the reading of the minutes of the Regular meeting of **March 31, 2017** and there being no additions or corrections, Jacob McHughes moved, seconded by Brian Wint, that the minutes be **approved**.

The ayes have it, and the motion is carried.

#### A. Items of Business:

1. Chairman Cleveland called for discussion, consideration and/or action regarding the **Employee Health Fair** on September 27, 2017. Alison Vinson said that she spoke with Joana Parker after the last meeting and found that many preregistered from last year to participate in the Health Fair this year.

2. Chairman Cleveland called for discussion on the report on **County Wellness Gym Facility:**

A note from **Todd R. Gibson**, Cleveland County Project Manager, stated that there were nearly 100 more users in March than the previous month. He will present to the Budget Board on May 8<sup>th</sup> to begin construction on Phase 2.

**Fitness Center March 2017 Overview** is as follows:

❖ Current registered users:	336
❖ Busiest Day:	20
❖ Total Number of Users for March	317

3. Chairman Cleveland called for presentation from **Emergency Management Director** regarding Wellness Committee issues.

George Mauldin, Emergency Management Director, said that he spoke at the Norman Business Association about opioid drug abuse and asked if there is an interest in having him come to the elected offices to speak about that subject. Everyone was receptive to his proposal. Chairman Cleveland suggested speaking to the detention officers and asked him to set up a time to talk with each office.

George Mauldin said he talks for about fifteen minutes and then take questions.

Doug Warr asked for him to talk about safety issues for the Assessors that go out into the field.

George Mauldin said that he could put something together along those lines and can gladly accommodate any schedule.

Chairman Cleveland encouraged George to get with the Sheriff's office to provide the First Aid Lessons.

Leann Clements said that she will provide him the coordinators phone number.

George Mauldin said that if they need a card there is a \$27.00 charge by the Red Cross for the card. He will check with the American Heart Association and find out if they charge.

George Mauldin said that even without the card they are still in the database as having received training.

4. Meredith Rowland, NP, updated on the **Employee Health Clinic** by saying that they are bringing the heart healthy diet to the health fair and asks to let them know if there are needs in other areas they can help.


**B.** There was no **new business** to present at this time.

**C.** No discussion regarding **Wellness Committee Members business**.


**D.** There being no further business to come before the Board, John Roberts moved that the meeting be **adjourned** at 9:11 am. Jacob McHughes seconded the motion. The ayes have it, and the motion is carried.

**(Clerk's Note: Agenda was posted on April 25, 2017 @ 4:35 pm.)**

**Cleveland County Wellness Committee**  
CLEVELAND COUNTY, OKLAHOMA

  
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Rod Cleveland, Chairman

**ATTEST:**

  
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Tammy Belinson, County Clerk and Secretary to the Board



Minutes Prepared by:   
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Deputy County Clerk